

EIM Brazil



Dr. Mauro Vaisberg

National Center Director
Mauro W. Vaisberg

Affiliation
Federal University of São Paulo

Host Institution – Brazilian Society of Exercise Immunology

The Associação Brasileira de Imunologia do Exercício (ABIE) brings together researchers dedicated to the study of exercise and sport through a contemplate an interdisciplinary approach, whose focus is to seek a better understanding of the physiological responses associated to the stimulus of physical activity.



National Center Advisory Board

Affiliation

Dr. Mauro W. Viasberg	Federal University of São Paulo
Dr. Victor Matsudo	Center for the Study of Physical Fitness Laboratory of São Caetano do Sul (CELAFISCS)
Rodolfo Vieira de Paulo	University de Novo Juhlo
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Juliana de Melo Batista dos Santos	Federal University of São Paulo
Roberta Foster	Faculty Method of São Paulo
Catherine Machado Katekaru	Federal University of São Paulo

2017 Goals

- To redefine the mission and goals of EIM Brazil and renew efforts to promote physical activity in healthcare systems, first in the state of São Paulo, and later to expand this to the rest of Brazil
- Reconstitute and reinvigorate the EIM Brazil Advisory Board and set a direction for the future
- Develop a partnership with a new host institution (ABIE) to solidify the foundation for EIM Brazil

Past Accomplishments

- Trained 150 health care professionals in the EIM® Exercise Prescription course, including four hour trainings for 14 physicians and other 13 health care professionals
- Provided information sessions about EIM® courses to the doctors and directors of the São Paulo's Association of Medicine, as well as to students at the Santa Casa Medical School
- Formed alliances with the Secretary of State in São Paulo and the Agita São Paulo program
- Proudly displayed and marketed the EIM Brazil program at several national events and congresses throughout Brazil