

PAPRICA Switzerland



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2015 Goals

- Organization of the PAPRICA secretariat and preparation of a budget.
- Greater collaboration with Exercise is Medicine and in the mutual support of our activities.
- Development of an implementation project for the integration of the Physical Activity centered PAPRICA and the multi-dimensional Health Coaching approach for the canton of Ticino.
- Preparation of PAPRICA and similar approaches for other dimensions of health behaviour in canton of Basel-Country.
- Integrating the PAPRICA approach in the training of medical students at Zurich University.

Past Accomplishments

- Establishment of the Physical Activity Promotion in Primary Care (PAPRICA) program
- The Swiss College for Primary Care Medicine has agreed to host its secretariat
- Training activities are continuing in several cantons and in the context of the curriculum for the Certificate of the Swiss society for Sports Medicine.