



OLDER ADULTS ADVISORY GROUP

Advisory Group Mission

Provide current and credible information about the special benefits that accrue to older adults who are regularly physically active

Advisory Group Goals

- Provide answers to frequently asked questions related to exercise and physical activity for older adults and the various clinical professional groups that rely on EIM as their source of credible information
- Maintain a list of resources related to exercise and physical activity for older adults

Current Projects/Upcoming Projects

- Develop a set of frequently asked questions and responses that can provide clinicians and members of the public with information about how physical activity can help prevent and manage chronic diseases as well as improve quality of life for older adults
- Develop a list of online resources from credible sources that can be accessed and downloaded from the EIM older adult page

Committee Members

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