

For Immediate Release

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ACSM and the Italian Sports Medicine Federation to Launch Exercise is Medicine™ - Italia and other Initiatives

ACSM has announced a partnership with the Italian Sports Medicine Federation (Federazione Medico Sportiva Italiana, FMSI) that will focus on research and the development of joint protocols in the field of sports medicine in Italy. As one feature of the partnership, FMSI will also support and promote the Exercise is Medicine™ initiative in Italy.

Recently, Exercise is Medicine™ chairman Robert E. Sallis, M.D., M.P.H., FACSM, received the Leonardo da Vinci Award for Sports Medicine Leadership from FMSI. This is the highest honor awarded by FMSI and reflects their support for Exercise is Medicine and its principles.

The award was presented to Sallis during the 32nd National Congress of the Federazione Medico Sportiva Italiana held in Turin, Italy on Feb. 19-22. Sallis presented "Exercise is Medicine - Physical Activity as a Medicine" as the keynote lecture for the conference.

"This is a very important agreement for the FMSI. We are all very excited by the idea of working with the ACSM to promote sports medicine and science around the world," said FMSI President Maurizio Casasco.

FMSI, founded in 1929, is the only official medical federation recognized by the Italian National Olympic Committee (CONI) and the only sports medicine scientific association registered with the Federation of Italian Scientific Societies.

The American College of Sports Medicine is the largest sports medicine and exercise science organization in the world. More than 35,000 international, national, and regional members and certified professionals are dedicated to advancing and integrating scientific research to provide educational and practical applications of exercise science and sports medicine.