
EIM Greece



Dr. Michael
Koutsilieris, MD, Ph.D.
Professor

National Center Director
Michael Koutsilieris, MD, Ph.D.
Professor

Affiliation

Medical School,
National &
Kapodistrian
University of Athens

National Center Manager
Dr. Anastasios Philippou, Ph.D.
Assistant Professor

Affiliation

Medical School,
National &
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University of Athens

Ioannis Pennas, M. Sc.

Owner/Director of The
Hellenic Network of
Fitness Certifications
(HNFC)

**Host Institution – Medical School of the National & Kapodistrian
University of
Athens**



National and Kapodistrian
UNIVERSITY OF ATHENS

**National and Kapodistrian
University of Athens**

Athens Medical School is operating since 1837 and has active presence in the events of our country and internationally. During these years, very important educational, research, clinical and social work has been done. Today the educational work of the 628 Professors concerns of over 2.500 undergraduates, 3.000 graduate students and 3.000 doctoral candidates. The recent research work contributes in making our School one of the world's leading Medical Institutions, preceding the 2/3 of the American Medical Schools.

National Center Advisory Board

Professional Affiliation

Dr. Michael Koutsilieris, MD, Ph.D.
Professor

Professor of Experimental Physiology,
Medical School, National &
Kapodistrian University of Athens,
National Center Director

Dr. Kostas Markou, MD, Ph.D.
Professor

Professor of Endocrinology, Medical School, University of Patras, President of the Central Council of National Health System, Greek Government

Dr. Michael Vlastarakos, MD, Ph.D.

President of the Panhellenic Medical Association,
Member of the executive committee of the Central Council of National Health System, Greek Government

Dr. Evaggelinou Christina, Ph.D.
Professor

Professor in Adapted Physical Education, School of Physical Education and Sports Science, Aristotle University of Thessaloniki

Dr. Yiannis Koutedakis, Ph.D.
Professor

Professor in Applied Physiology, Department of Physical Education and Sport Science, University of Thessaly

2017 Goals

- Development of a graduate Master's Degree Diploma in "Therapeutic / Corrective Exercise", as a new direction of the Graduate Program "Molecular & Applied Physiology" of the Medical School of National & Kapodistrian University of Athens
- Add Exercise is Medicine (EIM) in the curriculum of this new direction, "Therapeutic / Corrective Exercise", of the Graduate Program "Molecular & Applied Physiology"
- Create an official web page for EIM Greece in Greek language
- Search for Sponsors

Accomplishments so far

- Formation of the National Center
- Creation of the first Greek National Task Force

EIM Greece

- Finding the right stakeholders within the country
- Complete MOU with the American College of Sports Medicine and officially launch EIM Greece
- Cooperation with the Medical School of the National & Kapodistrian University of Athens
- Formed alliance with the National Health System of the Greek Government