

EIM Argentina



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Host Institution – Hospital de Clínicas José San Martín

The *Hospital de Clínicas José San Martín* is the most renowned teaching hospital in Argentina and is a part of the University of Buenos Aires. The Hospital first opened its door in 1879 and now serves as an important training ground for the top medical students in Argentina, offering a wide range of residency programs. The three Argentine Nobel prizes for scientific merit - Bernardo Houssay, Federico Leloir and César Milstein - developed their medical residences and research laboratories at the Hospital de Clínicas José San Martín, as well as the first application. Additionally, accomplishments of the Hospital include: the first description of the Tobias and Castex syndrome, the first cardiac catheterization in Argentina and the development of the first ethics committee in Argentina.



National Center Advisory Board Affiliation

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| Jorge Ernesto Franchella, M.D., FACSM | <ul style="list-style-type: none"> Chief Medical Officer, School of Medicine, Universidad de Buenos Aires |
| Carlos Alberto Medeiros, M.D. | <ul style="list-style-type: none"> Board Member, National High Performance Sports Entity (ENARD) |
| Roberto Foyo, M.D. | <ul style="list-style-type: none"> Associate Professor of Legal Medicine, School of Medicine, Universidad de Buenos Aires |
| Patricia Sangenis, M.D., FACSM | <ul style="list-style-type: none"> Board Member, Argentine Olympic Committee |
| Paola Harwicz, M.D. | <ul style="list-style-type: none"> Argentine Society of Nutrition Argentine Cardiology Society |
| Andrea Odzak, M.D. | <ul style="list-style-type: none"> Internal Medicine Specialist, Argentine Society of Medicine Argentine Society of Liver Disease |
| Ignacio Davolos, M.D. | <ul style="list-style-type: none"> Internal Medicine & Cardiology Specialist, Hospital de Clínicas Argentine Society of Cardiology |
| Ivana Analia Paz, M.D. | <ul style="list-style-type: none"> Sports Medicine Physician, Universidad de Buenos Aires and the Hospital de Clínicas José San Martín |
| Wolff Sebastián Wolff, M.D. | <ul style="list-style-type: none"> Cardiologist Lead, EIM On Campus in Mendoza |

2020 Goals

- Engage the Argentina Ministry of Health in the EIM movement after the new government takes place
 - Begin offering online EIM courses for health care professionals throughout Argentina
 - Reach out and provide exercise professionals with special training to promote healthy lifestyles in community settings
 - Reach out and partner/train medical doctors in each Argentine region and state
 - Develop an EIM community network of physical activity programs
 - Continue promoting EIM and the role of physical activity in health care by participating in different conferences, symposiums, and workshops (Reproductive Endocrinology Society, Diabetes Specialists Master Course, Argentine Society of cardiology)
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Accomplishments to Date

- Formation of the EIM Argentina National Center (summer 2014)
 - Organized the Healthy Active City initiative in Olavarria (112,000+)
 - Initiated ongoing activities in clinical care, cardiology, diabetes, and obesity
 - In 2019, presented on EIM at more than 15 conferences across the country and had more than 20 media interviews (television, newspapers, internet articles)
 - Presented at multiple national meetings (Argentine Society of Cardiology, Argentine Society of Nutrition, Obesity Society)
 - Initial success discussing implementing EIM in three Argentine hospitals, one of which is the Olavarria Public Hospital
 - Development of EIM prescription courses for physicians that has been offered on six different occasions training more than 300 health care providers
 - Development of an EIM course for exercise professionals that has been offered on six different occasions training more than 150 individuals
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is Medicine®**
Argentina