



Dr. Junshi Chen

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**Host Institution – ILSI Focal Point China**

ILSI Focal Point China has made significant contributions to the promotion of cooperation and scientific information exchange between Chinese and global academic communities in the field of nutrition and food safety. All the activities of the ILSI Focal Point in China are well-targeted to the major country-specific public health issues and the emerging problems in nutrition and food safety in China.



ILSI

Focal Point  
in China

**National Center Advisory Board Affiliation**

Junshi Chen, M.D.	<ul style="list-style-type: none"> <li>• Professor, International Life Sciences Institute Focal Point in China (ILSI)</li> <li>• Member, Chinese Academy of Engineering</li> </ul>
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Xiaofeng Liang	<ul style="list-style-type: none"> <li>• Associate Director, Chinese CDC</li> </ul>
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Yong Huo, M.D.	<ul style="list-style-type: none"> <li>• Professor, Peking University First Hospital</li> </ul>
Ye Tian, Ph.D.	<ul style="list-style-type: none"> <li>• Director, Sports Culture Development Center, General Administration of Sport of China</li> </ul>
Keji Li, M.D.	<ul style="list-style-type: none"> <li>• Professor, Peking University Health Science Center</li> </ul>
Guoyong Liu	<ul style="list-style-type: none"> <li>• Director, Department of Competitive Sports, General Administration of Sport of China</li> </ul>
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Yongjun Wang, M.D.	<ul style="list-style-type: none"> <li>• Associate Director, Beijing Tian Tan Hospital</li> </ul>
Yang Hu, Ph.D.	<ul style="list-style-type: none"> <li>• Associate Director &amp; Professor, Beijing Sport University</li> </ul>

## 2020 Goals

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- Promote the EIM Solution to health care systems in China
  - Continue offering EIM training courses to physicians and health care professionals with the goal of offering a one-week training course to community health professionals
  - Further integration of EIM into their health care systems by cooperating with government agencies like the Health Administration department
  - Form an official partnership with government officials in the General Administration of Sport of China and the National Health Commission
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## Accomplishments to Date

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- Conducted an additional four training workshops for more 160 health care providers in 2019 for a total of more than 2,200 physicians and health care professionals across China
  - Extended EIM training course from half a day to a week
  - Established official EIM China website and WeChat account
  - Assisted the National Health Commission conduct a national five-year preliminary project - researching policies on the integration of health and sports, including integrating exercise prescriptions into health care system
  - Helped the National Health Commission make policies on integrating exercise as a prescription in health care systems
  - Participated in a project launched by the Chinese Academy of Engineering to provide strategic suggestions on the integration of medicine and sports for the country
  - Host an annual “Conference on Physical Activity and Health” that features EIM Initiated EIM on Campus programs on university campuses across China
  - Held a special forum on EIM at *The Belt & Road Forum for International Cooperation (BRF): Towards a Health Silk Road* (August 2017)
  - Successful promotion of the integration of sports and medicine for better health and popularizing the concept of exercise prescription
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**Exercise  
is Medicine<sup>®</sup>  
China**