



Dr. Junshi Chen

**National Center Director**  
Junshi Chen, MD

**Affiliation**

International Life Sciences Institute  
(ILSI) Focal Point in China

**National Center Manager**  
Yuying Wang, PhD

**Affiliation**

International Life Sciences Institute  
(ILSI) Focal Point in China

**Host Institution – ILSI Focal Point China**

ILSI Focal Point China has made significant contributions to the promotion of cooperation and scientific information exchange between Chinese and global academic communities in the field of nutrition and food safety. All the activities of the ILSI Focal Point in China are well-targeted to the major country-specific public health issues and the emerging problems in nutrition and food safety in China.



ILSI

Focal Point  
in China

**National Center Advisory Board Affiliation**

Junshi Chen, MD	<ul style="list-style-type: none"> <li>• Professor, International Life Sciences Institute Focal Point in China (ILSI)</li> <li>• Member, Chinese Academy of Engineering</li> </ul>
Wenhua Zhao, MD	<ul style="list-style-type: none"> <li>• Professor, National Institute for Nutrition and Health, Chinese CDC</li> </ul>
Xiaofeng Liang	<ul style="list-style-type: none"> <li>• Associate Director, Chinese CDC</li> </ul>
Dayi Hu, MD	<ul style="list-style-type: none"> <li>• Professor, Peking University People's Hospital</li> </ul>
Yong Huo, MD	<ul style="list-style-type: none"> <li>• Professor, Peking University First Hospital</li> </ul>
Ye Tian, PhD	<ul style="list-style-type: none"> <li>• Director, Sports Culture Development Center, General Administration of Sport of China</li> </ul>
Keji Li, MD	<ul style="list-style-type: none"> <li>• Professor, Peking University Health Science Center</li> </ul>
Guoyong Liu	<ul style="list-style-type: none"> <li>• Director, Department of Competitive Sports, General Administration of Sport of China</li> </ul>
Weiping Jia, MD	<ul style="list-style-type: none"> <li>• Director &amp; Professor, Shanghai Sixth People's Hospital</li> </ul>
Yongjun Wang, MD	<ul style="list-style-type: none"> <li>• Associate Director, Department of Competitive Sports, General Administration of Sport of China</li> </ul>
Yang Hu, PhD	<ul style="list-style-type: none"> <li>• Associate Director &amp; Professor, Beijing Sport University</li> </ul>

## 2019 Goals

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- Promote the EIM Solution to health care systems in China
  - Continue offering EIM training courses to physicians and health care professionals with the goal of offering a one-week training course to community health professionals
  - Pursue clinical fundraising to support more presentations and trainings at national health conferences
  - Develop a network of EIM trained exercise professionals
  - Encourage formal development of EIM On Campus programs across the country
  - Form an official partnership with government officials in the General Administration of Sport of China and the National Health Commission
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## Accomplishments to Date

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- Conducted training workshops for more than 2,000 physicians and health care professionals across China
- Extended EIM training course from half a day to a week
- Hosted an annual “Conference on Physical Activity and Health” that featured EIM
- Established official EIM China website and WeChat account
- Initiated EIM On Campus programs on university campuses across China
- Held a special forum on EIM at *The Belt & Road Forum for International Cooperation (BRF): Towards a Health Silk Road* (August 2017)
- Successful promotion of the integration of sports and medicine for better health and popularizing the concept of exercise prescription

**Exercise  
is Medicine<sup>®</sup>  
China**