



Dr. Juan Manuel Sarmiento

National Center Director
Juan Manuel Sarmiento, M.D.

Affiliation
Cardiovascular Prevention Center,
Foundation Clinic Shaio



Dr. Mauricio Serrato

National Center Manager
Mauricio Serrato, M.D.

Affiliation
Sports Science Center Coordinator,
Ministry of Sports

Host Institution – Shaio Clinic Foundation

The Shaio Clinic Foundation is the first cardiovascular center in Colombia, created in 1957. The main objective of the Foundation is to support hospital institutions and provide comprehensive health services in the different recognized medical specialties with an emphasis on the prevention and treatment of cardiovascular diseases. Other objectives of the Clinic Foundation are to develop academic programs and provide formal and non-formal training opportunities through higher education institutions and technical institutes in areas related to health sciences and related disciplines. Additionally, the Shaio Clinic Foundation serves as a field of study, practice and research for professors and undergraduate and postgraduate students of educational establishments, national or foreign, through teaching-care agreements, in health-related areas.



National Center Advisory Board	Affiliation
Catalina del Pilar Abaunza, M.D.	<ul style="list-style-type: none"> National Guidelines for the Promotion of Physical Activity, Ministry of Health and Social Security
Moisés Arturo Cabrera, M.D.	<ul style="list-style-type: none"> Medical Director, National School of Sports
Juan Manuel Correa, M.D.	<ul style="list-style-type: none"> Academic Coordinator and Sports Physician, Sports Science Center, Ministry of Sports
Érica Mabel Mancera, Ph.D.	<ul style="list-style-type: none"> Academic Coordinator, Master in Sports Physiotherapy and Physical Activity, National University of Colombia
Rocio Gámez, R.D.N., MS.c.	<ul style="list-style-type: none"> Specialized Professional Sports Area, District Institute of Recreation and Sports (IDRD- Bogota)
Mario Andrés Quintero, M.D.	<ul style="list-style-type: none"> Medical Specialist, Indeportes Antioquia

Juan Manuel Sarmiento, M.D.

- Coordinator, Cardiovascular Prevention Center, Foundation Clinic Shaio

Mauricio Serrato, M.D.

- Sports Science Center Coordinator, Ministry of Sports
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2021 Goals

- Investigate the physical activity levels of health professionals and their practice of recommending it to patients
 - Train doctors and health professionals in aspects related to the promotion and counseling of physical activity and exercise
 - Establish a baseline of health professional who are providing physical activity counseling
 - Increase awareness in public and private health institutions, as well as the main associations of health and exercise professionals, about the importance of assessing and recommending physical activity for the health of the population
 - Provide tools to schools of health sciences for the inclusion of basic knowledge about the health benefits and recommendations of physical activity within their curricula
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Accomplishments to Date

- Officially established and launched the EIM Colombia National Center on Thursday, December 3, 2020 during a live Zoom kickoff meeting that was attended by nearly 200 leaders in medicine (cardiology, sports medicine, family medicine), public health and physical activity from around Colombia

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