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National Center Director
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Affiliation
Pontificia Universidad Católica del
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Host Institution – Ecuadorian Society of Cardiology

The Ecuadorian Society of Cardiology is a non-profit organization dedicated to promoting the continuous medical education of professionals in the research, prevention and therapeutics of cardiovascular pathophysiology, prevention and treatment of cardiovascular diseases. The Ecuadorian Society of Cardiology was established on August 6, 1957 for the purpose of medical science, aimed at promoting research, prevention and therapy of cardiovascular pathophysiology, prevention and treatment of cardiovascular diseases. The role of the Ecuadorian Society of Cardiology is to fulfill its objectives and social purposes in organizing and disseminating activities, training and updating of medical-scientific knowledge, and collaborating with training programs directed at medical and paramedical personnel.



National Center Advisory Board Affiliation

Juan Santamaria Almeida, M.D.	<ul style="list-style-type: none"> • Faculty and Sports Medicine Specialist at Pontificia Universidad Católica del Ecuador • Medical Specialist, Ecuador Ministry of Sports
Santiago García, M.D.	<ul style="list-style-type: none"> • Medical specialist (cardiology) • Faculty, University of the Americas • Member, Ecuadorian Society of Cardiology
Juan Carlos Gaibor, M.D.	<ul style="list-style-type: none"> • Medical specialist in cardiology, Hospital de Especialidades Eugenio Espejo • Coordinator, Ecuadorian Society of Cardiology • Member, Ministry of Public Health
Mayra Ger, M.D.	<ul style="list-style-type: none"> • Medical specialist in diabetes and nutrition • Coordinator, Ecuadorian Society of Diabetes • Coordinator, Ecuadorian Society of Parenteral and Enteral Nutrition • Member, Ministry of Public Health
Carlos Moreta Núñez, Msc.	<ul style="list-style-type: none"> • Profesor and Coordinator of Physical Therapy and Rehabilitation, Universidad Central del Ecuador

2020 Goals

- Increase the number of health professionals who are assessing, prescribing and advising their patients on physical activity.
 - Participate in annual national health programs with the objective of making health care providers and patients aware of the need to carry out a physical activity program.
 - Formalize strategic alliances with public and private institutions to encourage them to conduct public campaigns with short and effective messages on the benefits of physical activity and the harms of sedentary lifestyle.
 - Strengthen a new sports medicine society in Ecuador to carry out projects in partnership with the state on preventing and improving health through physical activity
 - Organize a symposium in partnership with the national sports medicine society.
 - Participate in medical events and mini-workshops at the national conference of cardiology, sports medicine and internal medicine.
 - Conduct two EIM workshops with post-graduate sports medicine doctors in Quayail.
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Accomplishments to Date

- In 2019, provided advice and consultation to government plans on: 1) incorporating physical activity in worksites, 2) examining physical activity across the life cycle, and 3) participating in a national public policy meeting on the physical culture of Quito
 - Working on plans to hold workshops in the medical schools of all state universities on physical activity
 - Conducted 6 workshops that trained more than 400 health professionals across Ecuador in 2018 (for a total of 738 since the reactivation of the National Center in 2017) Through a strategic alliance with the Ecuadorian Ministry of Sport and the Ministry of Health, hosted 12 workshops in various cities throughout Ecuador that trained 450 family specialists in the "Strategies of the Neighborhood Doctor" program (2018)
 - Hosted a joint scientific workshop with the Society of Cardiology on exercise and arterial hypertension with 120 medical assistants (May 2018)
 - Began work with the Ministry of Health to have exercise prescription recognized as a part of patients' comprehensive care plans.
 - Formed strategic alliances between the Ecuadorian Society of Cardiology and the Universidad de Las Américas, the Ministry of Health, the Secretary of Sports, and the municipality of Quito to host future EIM-related events
 - Hosted a symposium on "The Benefits of Physical Activity" (2016) with the endorsement of the Catholic University of Ecuador
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