



Dr. Yutaka Kimura

National Center Director

Yutaka Kimura, MD

Affiliation

Kansai Medical Center

National Center Manager

Shinji Sata, PhD

Affiliation

Teikyo Heisei University

Host Institution – The Japanese Association of Exercise Therapy & Prevention

The Japanese Association of Exercise Therapy and Prevention (JAETP) will serve as the host institution for the EIM Japan National Center. The role of the JAETP is to promote and contribute to the progress of interdisciplinary research in medical and sport sciences to prevent and treat chronic diseases.

National Center Advisory Board

Affiliation

Yutaka Kimura, MD

- Professor, Kansai Medical University

Shinji Sato, PhD

- Professor, Teikyo Heisei University

Ryoichi Nagatomi

- Professor, Tohoku University

Yutaka Hatori

- Executive Director, Japan Medical Association

Motohiko Miyachi

- Division Chief, National Institute of Biomedical Innovation, Health & Nutrition

Shigeru Makita

- President, Japanese Association of Cardiac Rehabilitation
- Saitama Medical University

Akira Torii, MD

- Tokyo Medical Association

Kimiyuki Nagashima

- Director, Japan Medical Association

Yuko Oguma

- Associate Professor, Keio University

Yoshifumi Tamura

- Professor, Juntendo University

2019 Goals

- Increase the number of physicians and health care providers that have received EIM training and are actively engaged in the assessment, prescription and counseling of physical activity in health care systems
 - Increase the number of health and fitness professionals that have received EIM training and/or are certified by the EIM Japan National Center and are actively engaged in providing guidance to individuals based on the core EIM principles
 - Integrate physical activity as a vital sign and implement principles of EIM into hospitals and health care systems throughout Japan.
 - Participate and spread awareness of EIM Japan at several medical and health meetings throughout Japan
 - Increase the exposure of EIM to University and other educational campuses through the expansion of the EIM On Campus initiative
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Accomplishments to Date

- Officially signed an MOU with the American College of Sports Medicine in July 2018
- Working with the Japanese Ministry of Health, Labor, and Welfare to assess health promotion facilities and begin the development of exercise programs
- Commissioner of the Japan Sports Agency will accompany the EIM Japan team to the ACSM Annual Meeting in Orlando, FL
- Developing a network of exercise professional linked to the Japanese Association of Clinical Exercise Physiologists (JCEP)
- Started EIM On Campus program at Osaka Sangyo University

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is Medicine®
Japan**