

# EIM Nigeria



Prof Ade F. Adeniyi

**National Center Director**

Prof Ade F. Adeniyi

**Affiliation**

University of Ibadan

**National Center Manager**

Olaotan Fawehinmi

**Affiliation**

Nigerian Heart Foundation

## Host Institution – The Nigerian Heart Federation

The Nigerian Heart Foundation (NHF) serves as the host institution for the EIM Nigeria National Center. The NHF is a non-profit and non-governmental organization founded in 1992 to promote heart health, scientific research in

cardiovascular health, healthy lifestyles and advocacy on heart issues. The mission of the NHF is to play a leading role in the fight against heart disease and stroke with the aim of reducing the number of Nigerians suffering from premature death and disabilities. The NHF is funded by both public and private sector through cash and in-kind donations. Activities of the NHF include health educational programs for the promotion of healthy life styles and to encourage prevention of heart disease and stroke in work places. Also, a homegrown school feeding program promotes the introduction of school feeding and health program for school children for children 2-7 years of age in public schools in Nigeria.



## National Center Advisory Board Affiliation

Professor Ade F. Adeniyi	<ul style="list-style-type: none"> <li>• Director of Physical Activity, Nigerian Heart Foundation, Lagos, Nigeria</li> <li>• Professor of Physiotherapy, University of Ibadan, Ibadan, Nigeria</li> </ul>
Dr. Kingsley K. Akinroye	<ul style="list-style-type: none"> <li>• Executive Director, Nigerian Heart Foundation, Lagos, Nigeria</li> </ul>
Chief Segun Odegbami	<ul style="list-style-type: none"> <li>• Ex-Football International,</li> <li>• Sports Administrator, International College and Sports Academy, Ogun State</li> </ul>
Dr. Chris Emeruwa	<ul style="list-style-type: none"> <li>• Integrity Officer, Nigerian Football Federation, Wuse, Abuja</li> </ul>
Professor Akin Osibogun	<ul style="list-style-type: none"> <li>• Director of Global Health, Nigerian Heart Foundation, Lagos, Nigeria</li> <li>• Professor of Public Health, University of Lagos, Lagos, Nigeria</li> </ul>

Professor S.R.A. Akinbo	<ul style="list-style-type: none"> <li>• Professor of Physiotherapy, University of Lagos, Lagos, Nigeria</li> </ul>
Professor B.J.C. Onwubere	<ul style="list-style-type: none"> <li>• Professor of Medicine, University of Nigeria, Nsukka, Nigerian</li> <li>• Member, Board of Trustees, Nigerian Heart Foundation</li> </ul>
Professor A.A. Fasanmade	<ul style="list-style-type: none"> <li>• Professor of Medicine, University of Ibadan, Ibadan, Nigeria</li> </ul>
Professor Andrew E. Uloko	<ul style="list-style-type: none"> <li>• Professor of Medicine, Bayero University, Kano, Nigeria</li> </ul>
Professor Ifeoma Okoye	<ul style="list-style-type: none"> <li>• Professor of Radiation, University of Nigeria, Enugu Campus</li> </ul>
Barr Taiwo Lambo	<ul style="list-style-type: none"> <li>• Legal Practitioner, Nigerian Heart Foundation, Lagos, Nigeria</li> </ul>
Chief Ademola Sadipe	<ul style="list-style-type: none"> <li>• Director, Finance, Nigerian Heart Foundation, Lagos, Nigeria</li> </ul>
Mr Dele Adetiba	<ul style="list-style-type: none"> <li>• Director of Communication, Nigerian Heart Foundation, Lagos, Nigeria</li> </ul>
Professor Ken Anugweje	<ul style="list-style-type: none"> <li>• Director of Sports, University of Port Harcourt Sports Institute, Rivers State</li> <li>• Board Member of the Athletic Federation of Nigeria</li> </ul>
Mr. Olaotan Fawehinmi	<ul style="list-style-type: none"> <li>• Program Officer, Nigerian Heart Foundation, Lagos, Nigeria</li> </ul>

## 2019 Goals

- Increase the number of individuals in Nigeria meeting physical activity guidelines
- Increase the number of health care professionals who are assessing, prescribing and counseling patients in physical activity
- Encourage the appropriate deployment of qualified exercise professionals in the prevention and treatment of chronic disease
- Provide resources on safe physical activity participation to the populace via the EIM Nigeria website, leaflets, flyers, advertorials, newsletters and magazines
- Develop EIM NG themed physical activity program to cut across all age groups and other groups of interest

## Accomplishments to Date

- Established the EIM Nigeria National Center on October 15, 2018
- Partnering with individuals from several academic (University of Nigeria, Bayero University, University of Ibadan, University of Lagos) and non-governmental (Nigerian Heart Foundation, Athletic Federation of Nigeria, Nigerian Football Federation) organizations across Nigeria.

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is Medicine<sup>®</sup>  
Nigeria**