

EIM Russia



Prof MD Boris Polyayev

National Center Director
Boris Polyayev, MD

Affiliation

Russian Association for Sports
Medicine & Rehabilitation of Patients
and the Disabled

National Center Manager
Polina Glazova

Affiliation

Russian Association for Sports
Medicine & Rehabilitation of Patients
and the Disabled,
Russian National Research Medical
University

Host Institution – Canadian Society for Exercise Physiology (CSEP)

The Russian Association for Sports Medicine and Rehabilitation of Patients and the Disabled (RASMIRBI) is a leading organization in the Russian Federation, uniting in its ranks for many years specialists in sports medicine and medical rehabilitation. RASMIRBI was reorganized and established in 1992 from the All-Union Scientific Medical Society and now has more than 50 territorial branches throughout Russia. RASMIRBI is a member of the Russian Olympic Committee, the Russian Paralympic Committee, the International Federation of Physiotherapists, and the National Association for Stroke Control. The Association is a full member in the European Federation of Sports Medicine Associations (EFSMA) and the International Federation of Sports Medicine (FIMS). RASMIRBI takes part in the scientific and educational programs of the International and European Olympic Committees, international organizations in the field of medical rehabilitation.



National Center Advisory Board Affiliation

Polyayev Boris Alexandrovich, PhD, MD	<ul style="list-style-type: none"> • Chief Sports Medicine Specialist at the Ministry of Health in Sports • Member of FIMS and EFSMA • President of RASMIRBI
Sergey Parastaev, Professor, MD	<ul style="list-style-type: none"> • Department of Rehabilitation and Sports Medicine at RNRMU
Nadareishvili Georgi Givievich	<ul style="list-style-type: none"> • Vice Rector of public relations and educational work of RNRMU
Lobov Andrey Nikovaevich, MD	<ul style="list-style-type: none"> • Department of Rehabilitation and Sports Medicine at RNRMU
Polyayev Boris Borisovich	<ul style="list-style-type: none"> • Head Manager of Rehabilitation Department, Stroke Research Medical Center

2019 Goals

- Work to further integrate physical activity as a part of patient treatment
 - Develop physical activity prescription for various categories of people (i.e., older adults, office workers)
 - Include elective courses about the use of physical activity (with the aim of including it in therapeutic treatment plans) in the program of study in Russian medical universities
 - Implement mandatory physical activity consultation and recommendations for therapists when working with patients
 - Promote clinical recommendations with the aim of prevention and rehabilitation of chronic, non-infectious diseases
-

Accomplishments to Date

- Prepared clinical recommendations concerning moving activity at the pathology of motor apparatus
 - Participated in the formation and functioning of federal school of public health
 - Participated in formation of a new model of system of public health (trial project in 2 regions of the Russian Federation)
-

Exercise
is Medicine®
Russia