

# EIM South Korea



Dr. Kim Jin Goo

**National Center Director**      **Affiliation**  
Kim Jin Goo, MD                      Konkuk University Medical Center

**National Center Manager**      **Affiliation**  
Chae-Hee Park, PhD                Korea National Sport University

## Host Institution – Konkuk University Sports Medical Center

Konkuk University is located in Seoul, South Korea and has one of the large and cutting-edge medical centers in Korea. The Sports Medical Center provides programs for patients to increase well-being and life quality with personalized exercise plans regarding individual physical ability. The Sports Medical Center established a collaborative network and system to improve clinical outcomes with professional surgeons, exercise experts and Sports Medicine researchers. Further, the Sports Medical Center holds an annual sports medicine symposium for networking with medical professionals.



## National Center Advisory Board      Affiliation

Kim Jin Goo, MD, Ph.D	<ul style="list-style-type: none"> <li>• Korea Sports Medicine Association</li> <li>• Orthopedic Department, Konkuk University Medical Center</li> </ul>
Park Chae-Hee, Ph.D.	<ul style="list-style-type: none"> <li>• Sport &amp; Healthy Aging, Korea National Sport University</li> </ul>
Heo Gabbum, MD, Ph.D	<ul style="list-style-type: none"> <li>• Advisor, Heo Internal Medicine Hospital</li> </ul>
Oh Byeonghui, MD, Ph.D	<ul style="list-style-type: none"> <li>• Korea Heart Society</li> <li>• Chairman, Mediplex Sejong Hospital</li> </ul>
Park Wonha, MD, Ph.D	<ul style="list-style-type: none"> <li>• Korea Sports Medicine Association</li> <li>• Samsung Medical Center</li> </ul>
Jin Yeongsu, MD, Ph.D	<ul style="list-style-type: none"> <li>• Korea Sports Medicine Association</li> <li>• Chairman, Korea Anti-doping Agency Chairman</li> </ul>
Yang Sangjin, Ph.D.	<ul style="list-style-type: none"> <li>• Sports Medicine Center, Konkuk University Medical Center</li> </ul>
Lee Dhongwon, MD	<ul style="list-style-type: none"> <li>• Orthopedic Department, Konkuk University Medical Center</li> </ul>
Choi Sangjun, MD	<ul style="list-style-type: none"> <li>• Neurosurgery, Cometplus Plastic Hospital</li> </ul>

\* Listed above are the members of the EIM South Korea Executive Team. The EIM South Korea National Center Advisory Board consists of 42 members spanning all health sectors in the country.

## 2019 Goals

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- Improve national health by educating patients with chronic diseases about scientifically proven exercise programs
  - Create a systematic training curriculum by gathering experts from sports medicine fields to educate doctors, medical assistant, and exercise professionals
  - Create educational brochures regarding every chronic disease for patients and exercise professionals
  - Build an EIM Korea website
  - Build instructional exercise videos and upload the videos on the EIM Korea website for patients
  - Publish instructional books respecting exercise plan for chronic diseases for patients
  - Increase the number of EIM trained physicians and exercise professionals that are experts in the assessment, prescription and counseling of physical activity in health care systems
  - Increase the number of EIM Korea credentialed exercise professionals who are actively engaged in providing the guideline of the importance of exercise to promote physical activity
  - Spread EIM to universities and other educational campuses to promote physical activity
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## Accomplishments to Date

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- Officially joined the EIM Global Health Network in September 2018
  - Prior to becoming an official EIM National Center, they have hosted several annual conferences to promote the benefits of physical activity in chronic disease prevention
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