

EIM South Korea



Dr. Kim Jin Goo

National Center Director

Kim Jin Goo, M.D.

Affiliation

Hanyang University Myongji Hospital

National Center Manager

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Affiliation

Korea National Sport University

Host Institution – Hanyang University Myongji Hospital

Hanyang University Myongji Hospital serves as the host institution for the EIM South Korea National Center. The Hanyang University Myongji

Hospital, located in Gyeonggi Province, is one of the largest and cutting-edge medical centers in Korea. The Sports Medicine Center at Hanyang

University Myongji Hospital provides programs for patients to increase their wellness and improve their quality of life with a personalized exercise plan regarding individual physical ability. The Sports Medicine Center established a collaborative network and a system to improve clinical outcomes with medical professionals, exercise professionals, and researchers in sports medicine.

Furthermore, the Sports Medicine Center holds an annual sports medicine symposium for communication between medical professionals and other related experts.



MYONGJI HOSPITAL
MYONGJI MEDICAL FOUNDATION



National Center Advisory Board Affiliation

Jingoo Kim, M.D., Ph.D.

- Vice President, Korea Sports Medicine Association
- President, Hanyang University Myongji Hospital

Chae-Hee Park, Ph.D.

- Associate Professor, Department of Sport & Healthy Aging, Korea National Sport University

Byeonghui Oh, M.D., Ph.D.

- Korea Heart Society
- Chairman, Mediplex Sejong Hospital

Hyukki Chang, Ph.D.

- Associate Professor, Department of Sport & Healthy Aging, Seoul Women's University

Byeonggon Kim, Ph.D.

- President, Korea Exercise Specialist Association

Yeongsu Jin, M.D., Ph.D.

- Korea Sports Medicine Association
- Chairman, Korea Anti-doping Agency Chairman

Sangjin Yang, Ph.D.

- Sports Medicine Center, Konkuk University Medical Center
- Assistant Professor, Tongwon University Association

Dhongwon Lee, M.D.

- Orthopedic Department, Konkuk University Medical Center

* Listed above are the members of the EIM South Korea Executive Team. The EIM South Korea National Center Advisory Board consists of 42 members spanning all health sectors in the country.

2020 Goals

- Increase awareness of the EIM South Korea initiative
 - Improve national health by educating patients with chronic diseases about scientifically proven exercise programs
 - Create a systematic training curriculum by gathering experts from sports medicine fields to educate doctors, medical assistant and exercise professionals
 - Create educational materials for chronic disease for patients and exercise professionals
 - Build an EIM Korea website
 - Increase the number of EIM trained physicians and exercise professionals that are expert in the assessment, prescription and counseling of physical activity in health care systems
 - Increase the number of EIM Korea credentialed exercise professionals who are actively engaged in providing the guideline of the importance of exercise to promote physical activity
 - Spread the EIM On Campus to universities and other educational campuses to promote physical activity
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Accomplishments to Date

- Officially joined the EIM Global Health Network in September 2018
 - Prior to becoming an official EIM National Center, EIM South Korea has hosted several annual conferences to promote the benefits of physical activity in chronic disease prevention
 - Conducted two EIM trainings for >40 exercise professionals in 2019
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South Korea