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**National Center Director**

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**Affiliation**

International Life Sciences Institute  
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**Host Institution – ILSI Focal Point China**

ILSI Focal Point China has made significant contributions to the promotion of cooperation and scientific information exchange between Chinese and global academic communities in the field of nutrition and food safety. All the activities of the ILSI Focal Point in China are well-targeted to the major country-specific public health issues and the emerging problems in nutrition and food safety in China.



ILSI

Focal Point  
in China

**National Center Advisory Board Affiliation**

Junshi Chen, MD

- Professor, International Life Sciences Institute Focal Point in China (ILSI)
- Member, Chinese Academy of Engineering

Wenhua Zhao, MD

- Professor, National Institute for Nutrition and Health, Chinese CDC

Xiaofeng Liang

- Associate Director, Chinese Preventive Medicine Association

Dayi Hu, MD

- Professor, Peking University People’s Hospital

Yong Huo, MD

- Professor, Peking University First Hospital

Ye Tian, PhD

- Sports Culture Development Center, General Administration of Sport of China

Keji Li, MD

- Professor, Peking University Health Science Center

Guoyong Liu

- Director, Department of Competitive Sports, General Administration of Sport of China

Weiping Jia, MD

- Director & Professor, Shanghai Sixth People’s Hospital

Yongjun Wang, MD

- Director, Beijing Tian Tan Hospital, Capital Medical University

## 2021 Goals

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- Promote the EIM Solution to healthcare systems in China
  - Continue offering EIM training courses to physicians and healthcare professionals with the goal of offering a one-week training course to community health professionals
  - Further integration of EIM into their healthcare systems by cooperating with government agencies like the Health Administration department
  - Form an official partnership with government officials in the General Administration of Sport of China and the National Health Commission
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## Accomplishments to Date

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- Officially established the EIM China National Center in 2009
  - Established official EIM China website and WeChat account
  - Gained recognition for their physical activity training workshop by the Chinese Preventive Medicine Association
  - Conducted an additional four training workshops for more 160 healthcare providers in 2019 for a total of more than 2,200 physicians and healthcare professionals across China
  - Assisted the National Health Commission conduct a national five-year preliminary project - researching policies on the integration of health and sports, including integrating exercise prescriptions into healthcare system
  - Developed an App for clinicians to provide simple physical activity advice for patients based on questionnaire, risk assessment. The App is being piloted in Gu Yuan City (in 2020-21) with 10,000 patients with high blood pressure.
  - Translated and published the 2018 U.S. Physical Activity Guidelines into Chinese.
  - Helped the National Health Commission make policies on integrating exercise as a prescription in healthcare systems
  - Participated in a project launched by the Chinese Academy of Engineering to provide strategic suggestions on the integration of medicine and sports for the country
  - Posted 65 times on their WeChat account which were read >180,000 times (2020)
  - Hosted an annual “Conference on Physical Activity and Health” that features EIM on Campus programs on university campuses across China
  - Held a special forum on EIM at *The Belt & Road Forum for International Cooperation (BRF): Towards a Health Silk Road* (August 2017)
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is Medicine®  
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