



Dr. Junshi Chen

National Center Director

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The Shanghai JS Life Sciences Institute (SJLSI) is a non-profit, scientific and technological organization engaged in life sciences and population health. SJLSI focuses on health-centered strategic goals to comprehensively promote food safety, nutrition and health, physical activity and health, health management, chronic and infectious disease prevention, scientific research, achievement transformation, academic exchanges, education and training, and the formulation of relevant policies and promotion of appropriate technologies in the sustainable development of food systems and other fields.



The goals of SJLSI are to introduce Chinese practices to the world and bring world experience back to China, build platforms for exchanges and cooperation between the government, academia, and enterprises, promote scientific research and academic exchanges, science and technology services and technology promotion, science and technology education and training, innovation and demonstration of science and technology enterprises, and promote Scientific progress, technological innovation and industrial upgrading will promote the close integration of technology and economy in the fields of life sciences and population health, and coordinate the high-quality development of business and industry to contribute to the construction of a healthy China.

National Center Advisory Board	Affiliation
Junshi CHEN, M.D.	<ul style="list-style-type: none"> • President, Shanghai JS Life Sciences Institute (SJLSI) • Member, Chinese Academy of Engineering
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Weiping JIA, M.D.	<ul style="list-style-type: none"> • Endocrinologist, The Shanghai Sixth People’s Hospital • Member, Chinese Academy of Engineering

Yong JIANG, M.D., Ph.D.	• Associate Research Professor, Beijing Tiantan Hospital
Guoping LI, M.D.	• Research Professor, Institute of Sports Medicine, State Administration of Sports
Keji LI, M.D.	• Professor, School of Public Health, Peking University
Junqiang QIU, Ph.D.	• Professor, Beijing Sports University
Weiping SHU, Ph.D.	• Professor, Chengdu Sports College
Yongjun WANG, M.D., Ph.D.	• Cardiologist, Director General, Beijing Tiantan Hospital
Zhuoqun WANG, M.D., Ph.D.	• Associate Research Professor, National Centre for Chronic and Non-Communicable Disease Control and Prevention, China CDC
Peng YANG, M.D.	• Secretary General, COO, Shanghai JS Life Sciences Institute (SJLSI)
Maigeng ZHOU, M.D., Ph.D.	• Vice-Director General, Centre for Chronic and Non-Communicable Disease Control and Prevention (China CDC)

2022 Goals

- Promote the EIM Solution to healthcare systems in China
- Continue offering EIM training courses to physicians and healthcare professionals with the goal of offering a one-week training course to community health professionals
- Further integration of EIM into their healthcare systems by cooperating with government agencies like the Health Administration department
- Form an official partnership with government officials in the General Administration of Sport of China and the National Health Commission

Accomplishments to Date

- Officially established the EIM China National Center in 2009
- Established official EIM China website and WeChat account
- Gained recognition for their physical activity training workshop by the Chinese Preventive Medicine Association
- Conducted an additional four training workshops for more 160 healthcare providers in 2019 for a total of more than 2,200 physicians and healthcare professionals across China
- Assisted the National Health Commission conduct a national five-year preliminary project - researching policies on the integration of health and sports, including integrating exercise prescriptions into healthcare system
- Developed an App for clinicians to provide simple physical activity advice for patients based on questionnaire, risk assessment. The App is being piloted in Gu Yuan City (in 2020-21) with 10,000 patients with high blood pressure.
- Translated and published the 2018 U.S. Physical Activity Guidelines into Chinese.
- Helped the National Health Commission make policies on integrating exercise as a prescription in healthcare systems
- Participated in a project launched by the Chinese Academy of Engineering to provide strategic suggestions on the integration of medicine and sports for the country
- Posted 65 times on their WeChat account which were read >180,000 times (2020)
- Hosted an annual “Conference on Physical Activity and Health” that features EIM on Campus programs on university campuses across China
- Held a special forum on EIM at *The Belt & Road Forum for International Cooperation (BRF): Towards a Health Silk Road* (August 2017)

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