

EIM South Korea



Dr. Jin Goo Kim

National Center Director

Jin Goo Kim, MD, PhD

Affiliation

Hanyang University Myongji Hospital

National Center Manager

Chae-Hee Park, PhD

Affiliation

Korea National Sport University

Host Institution – Hanyang University Myongji Hospital

Hanyang University Myongji Hospital will serve as the host institution for the EIM South Korea National Center. The Hanyang University Myongji Hospital Province, is one of the largest and most cutting-edge medical centers in Korea. The Sports Medicine Center at Hanyang University Myongji Hospital provides programs for patients to increase their wellness and improve their quality of life with personalized exercise plans based on their physical ability. The Sports Medicine Center has a collaborative network to improve clinical outcomes with medical professionals, exercise professionals, and researchers in sports medicine. Further, the Sports Medicine Center holds an annual sports medicine symposium for communication between medical professionals and other related experts.



MYONGJI HOSPITAL
MYONGJI MEDICAL FOUNDATION



National Center Advisory Board Affiliation

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| Jin Goo Kim, MD, PhD | <ul style="list-style-type: none"> • President, Hanyang University Myongji Hospital • Vice President, Korea Sports Medicine Association |
| Chae-Hee Park, PhD | <ul style="list-style-type: none"> • Professor, Department of Sport & Healthy Aging, Korea National Sport University • Korean Alliance for Health, Physical Education, Recreation and Dance |
| Byung Hee Oh, MD, PhD | <ul style="list-style-type: none"> • President, Mediplex Sejong Hospital • Korean Society of Cardiology |
| Sang Joon Choi, MD | <ul style="list-style-type: none"> • President, Peace Neurosurgical and Rehabilitation Clinic, • Korean Neurosurgical Society |
| Hyukki Chang, PhD | <ul style="list-style-type: none"> • Professor, Department of Sport & Healthy Aging, Seoul Women’s University |
| Byung-gon Kim, PhD | <ul style="list-style-type: none"> • President, Korea Exercise Specialist Association • Special Assistant, Kiwoom Heroes (pro baseball) |
| Yeong Su Jin, MD, PhD | <ul style="list-style-type: none"> • Professor Emeritus, Asian Medican Center • Korea Sports Medicine Association |
| Sang Jin Yang, PhD | <ul style="list-style-type: none"> • Professor, Tongwon University • Korean Society of Sports Medicine |
| Dhong Won Lee, MD | <ul style="list-style-type: none"> • Orthopedic Department, Konkuk University Medical Center • Korean Arthroscopy Society |

* Listed are the members of the EIM South Korea Executive Team. The EIM South Korea National Center Advisory Board consists of 42 members spanning all health sectors in the country.

2021 Goals

- Increase awareness of the EIM South Korea initiative
 - Improve national health by educating patients with chronic diseases about scientifically proven exercise programs
 - Create a systematic training curriculum by gathering experts from sports medicine fields to educate doctors, medical assistant, and exercise professionals
 - Create educational materials for chronic disease for patients and exercise professionals
 - Build an EIM Korea website
 - Increase the number of EIM trained physicians and exercise professionals that are expert in the assessment, prescription, and counseling of physical activity in healthcare systems
 - Increase the number of EIM Korea credentialed exercise professionals who are actively engaged in providing the guideline of the importance of exercise to promote physical activity
 - Spread the EIM On Campus to universities and other educational campuses to promote physical activity
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Accomplishments to Date

- Officially joined the EIM Global Health Network in September 2018
 - Relocated the EIM National Center to Myongji Hospital Sports Medical Center (2020)
 - Developed EIM South Korea website (2020)
 - Conducted two EIM trainings for >40 exercise professionals (2019)
 - Established EIM On Campus at two universities in South Korea
 - Prior to becoming an official EIM National Center, they have hosted several annual conferences to promote the benefits of physical activity in chronic disease prevention
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is Medicine®**
South Korea