

EIM Republic of Korea



Dr. Jin Goo Kim

National Center Director
Jin Goo Kim, M.D., Ph.D.

Affiliation

Hanyang University Myongji Hospital

National Center Manager
Chae-Hee Park, Ph.D.

Affiliation

Korea National Sport University

Host Institution – Hanyang University Myongji Hospital

Hanyang University Myongji Hospital will serve as the host institution for the EIM South Korea National Center. The Hanyang University Myongji Hospital Province, is one of the largest and most cutting-edge medical centers in Korea. The Sports Medicine Center at Hanyang University Myongji Hospital provides programs for patients to increase their wellness and improve their quality of life with personalized exercise plans based on their physical ability. The Sports Medicine Center has a collaborative network to improve clinical outcomes with medical professionals, exercise professionals, and researchers in sports medicine. Further, the Sports Medicine Center holds an annual sports medicine symposium for communication between medical professionals and other related experts.



MYONGJI HOSPITAL
MYONGJI MEDICAL FOUNDATION



National Center Advisory Board Affiliation

Kim Jin Goo, M.D., Ph.D.	<ul style="list-style-type: none"> President, Hanyang University Myongji Hospital Vice President, Korea Sports Medicine Association
Kim Byeonggon, Ph.D.	<ul style="list-style-type: none"> Honorary President, Korea Exercise Specialist Association Special Assistant, Kiwoom Heroes (pro baseball)
Lee Dhongwon, M.D.	<ul style="list-style-type: none"> Professor, Orthopedic Dept, Konkuk University Medical Center Korean Arthroscopy Society
Chae-Hee Park, Ph.D.	<ul style="list-style-type: none"> Professor, Department of Sport & Healthy Aging, Korea National Sport University Korean Alliance for Health, Physical Education, Recreation and Dance
Chang Hyukki, Ph.D.	<ul style="list-style-type: none"> Professor, Department of Sport & Healthy Aging, Seoul Women's University
Byeonghui Oh, M.D., Ph.D.	<ul style="list-style-type: none"> Chairman, Mediplex Sejong Hospital Korean Society of Cardiology
Yang Sangjin, Ph.D.	<ul style="list-style-type: none"> Professor, Department of Health & Exercise Management, Tongwon University
Jin Yeongsu, M.D., Ph.D.	<ul style="list-style-type: none"> Professor Emeritus, Asian Medical Center Chairman, Korea Anti-Doping Agency

* Listed are the members of the EIM South Korea Executive Team. The EIM South Korea National Center Advisory Board consists of 42 members spanning all health sectors in the country.

2022 Goals

- Increase awareness of the EIM South Korea initiative
 - Contact local governments to implement EIM in their local communities
 - Create a systematic training curriculum by gathering experts from sports medicine fields to educate doctors, medical assistant, and exercise professionals
 - Create educational materials for chronic disease for patients and exercise professionals
 - Promote health promotion throughout Gyeonggi-do through an exercise prescription at Myongji Hospital and referral to a designated exercise center and/or in-house sports facility
 - Increase the number of EIM trained physicians and exercise professionals that are expert in the assessment, prescription, and counseling of physical activity in healthcare systems
 - Partner with the Korea National Fitness Center to provide training on EIM for their exercise professionals
 - To translate exercise training materials for exercise professionals
 - Spread the EIM On Campus to more universities and campuses
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Accomplishments to Date

- Officially joined the EIM Global Health Network in September 2018
 - Relocated the EIM National Center to Myongji Hospital Sports Medical Center (2020)
 - Developed EIM South Korea website (2020)
 - Developed an online exercise program (2021)
 - Conducted two EIM trainings for healthcare providers (2021)
 - Conducted two EIM trainings in 2019 and in 2021 for exercise professionals
 - Established EIM On Campus at two universities in South Korea
 - Prior to becoming an official EIM National Center, they have hosted several annual conferences to promote the benefits of physical activity in chronic disease prevention
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South Korea