



Prof. Dr. Haydar Demirel

National Center Director

Haydar Demirel, MD, PhD

Affiliation

Promotion of Health and Health Policy Association

National Center Manager

Melda Pelin Yargic

Host Institution – Health Promotion and Health Policy Association

The Association of Promotion for Healthy Life and Health Policies serves as the host institution for the EIM Turkey National Center. The Association of Promotion For Healthy Life and Health Policies is a non-profit association that was established in 2013. The role of the Association of Promotion For Healthy Life and Health Policies is to determine society's health problems, provide productivity of health problems, produce projects, programmes, events and conduct research to remove negative barriers that affect society's health like active healthy living and physical activity.



National Center Advisory Board

Affiliation

Haydar Demirel, MD, PhD

- Faculty of Sport Sciences, Hacettepe University
- Board Member of Turkish Sports Science Association and Turkish Sports Medicine Association

Ali Murat Zergeroglu, MD, PhD

- Member, Turkish Sports Science Association
- Member, Turkish Sports Medicine Association

Tolga Aydog, MD, PhD

- Member, Turkish Sports Science Association
- Member, Turkish Sports Medicine Association

Erdem Kaşıkcioglu

- Member, Turkish Sports Medicine Association
- Member, Turkish Cardiology Association

Bulent Okan Yildiz, MD, PhD

- Member, Turkish Endocrine Society

2021 Goals

- Increase the size and representativeness of the EIM Turkey Advisory Board
 - Develop EIM Turkey social media presence
 - Increase the number of health care professionals who are assessing, prescribing, and counseling patients in physical activity
 - Encourage the appropriate use of qualified health fitness professionals in the prevention and treatment of chronic disease
 - Represent and disseminate key EIM messages to family medicine practitioners
 - Build a monitoring and evaluation system of EIM, and continually assess the impact of activities
 - Plan additional educational/training activities for healthcare providers and exercise professionals in 2021
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Accomplishments to Date

- Officially established the EIM Turkey National Center in May 2015
 - Since formation have trained more than 4,000 healthcare providers as part of the EIM Turkey network (2015-18)
 - Worked closely with the Ministry of Health to increase awareness about the importance of exercise as a part of their health system (2015-18)
 - Partnered with Ministry of Health to start giving physical activity record cards students 7-12 years old students which increased awareness in children and parents about regular exercise
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